

IN LOVING MEMORY OF

TOM



1 IN 4 SHEFFIELD PROSTATE CANCER SUPPORT GROUP 1 in 4 men of Black, African or Caribbean heritage will get Prostate Cancer in their lifetime.

Tom helped to set up the Sheffield Prostate cancer Support Group in 2022; the first of it's kind in the North of England.

## 1in4SPSG Launch



Tom was determined to raise awareness about the increased risk of prostate cancer for black men.

He understood the benefits of being diagnosed early.



He fought to improve access to PSA testing.



Tom was a prolific fundraiser and his collection bucket went everywhere with him.

REPRESENTING IN RESEARCH Tom took part in research to improve care for the next generation.





## active against Cancer

Tom supported a collaboration with Macmillan cancer charity & SWFC to enjoy the benefits of exercise following a cancer diagnosis.



## ENDURING FRIENDSHIP

Tom and Robert have been friends since 1960's, when they used to drive to Nottingham in Tom's Ford Zephyr for nights out.







We will miss your smile, laughter & positivity.

R.I.P Tom

## HELP US TO CONTINUE TOM'S GOOD WORK



Join the group:

www.1in4spsg.org

KNOW YOUR RISK
SHARE YOUR FAMILY
HISTORY
ASK YOUR GP FOR A
PSA TEST